

Welcome!

Welcome to our Simulation Newsletter!

It's November, the month of Thanksgiving, so this month we're going to be

thankful.

There are so many ways we appreciate you all that we're going to take the whole issue to talk about

them.

Please send us your feedback! *Our contact information is in the top left corner of the second page.*

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Participants

We are so very grateful for the people who participate in our simulations!

We're aware that there is a "leap of faith" aspect of participating in a simulation — that the simulation will help the participant and that the simulationists won't embarrass the participants.

We know that people come in just for our simulations, or that we disrupt people's days by coming in

to do a simulation.

We appreciate that they participate anyways, and that they commit to actually treating the manikin as a person and fully being in the simulation.

We are so happy when the simulation sparks a robust discussion in the debriefing, the participants asking questions about the topics in the simulation and making suggestions about how they

could improve themselves.

We trust that these simulations are useful, and we thank those who trust us enough to be part of the simulations!



Family Medicine simulations, October 2023

Organizers and Leaders

We appreciate the people who arrange and plan these simulations. We talk with Nurse Education Coordinators, residency directors, managers, department heads, and many others in arranging simulations.

We are invited into an area for almost all of our simulations. That means someone has to think of us and believe that working with us is worth the time of and effort of their staff and of themselves to get the simulations set up. We appreciate those people

who do all the emailing and planning to arrange the simulations.

We also appreciate the leaders who are will to commit those scarce resources of staff time and effort to improve their staff's patient care.

Without you all, we wouldn't be doing much!

A special shout-out to Sabrina St. Clair and Emily Frederick of PICU, who have worked with us for years and have planned simulations with us out to July

2025!



PICU RN Clin I simulations, October 2023



Acute Cards, Sept. 2023

Steps of a Simulation:

- Goals
- Creation
- Preparation
- Running the Simulation
 - Briefing
 - Run
 - Debriefing
- Reset
- Assessment

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We create simulation-based experiences for current staff and students to improve their clinical judgment and teamwork skills during medical emergencies.

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Our newsletter repository:

<https://www.medicalcenter.virginia.edu/medsa/simulation-newsletters>

Pictures!



Orthopedic Center Ivy Road simulations, February 2023



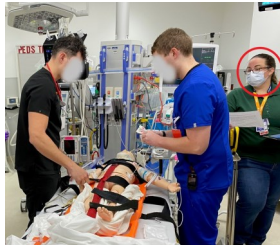
ED Peds simulation with L&D, OB/GYN, and NICU, June 2023

Simulationists

We are so thankful for our simulationists! They run complicated simulations, sometimes by themselves, and then structure the debriefing conversations. They drop their egos at the door and are the stage crew for the simulation run, taking notes to help guide the debriefing. They come in early to get everything prepared and then stay late to clean up and reset.

This includes people from the areas in which we are simulating who help run the actual simulations. Emergency Medicine, Family Medicine, STICU, and PICU are examples of areas in which their people help run the simulation. We enjoy working with these knowledgeable providers!

A special shout-out to Whitney (6 years) and Jessi (4 years) Lassiter!



Manikins and Equipment

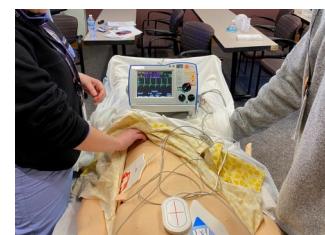
We are also thankful for our manikins and equipment. A new medium-fidelity manikin costs more than \$44,000 and a high-fidelity one is more than \$100,000. We make our manikins last — we've done emergency shoulder surgery on one, for instance — because we can't buy too many of these. We appreciate the ones we have!

We also appreciate all the props and such that we use to increase the fidelity of the simulations. We have made many of these, but some we had to buy.

A special shout-out to Brenda Graham and Kiki Johnson for providing mock code carts and everyone in Pharmacy for providing mock drug boxes!



STICU Procedural Sedation simulations, November 2023



Emergency Medicine conference training, November 2023



ED 500s simulation, August 2023, using a Cut Suit

Adult Code Team Just-In-Time Training, Sept. 2023

