Adult CPR and AED Skills Testing Checklist

Student Name __________________________ Date of Test ____________________________

Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

☐ Checks responsiveness ☐ Shouts for help/Sends someone to phone 9-1-1 and get an AED ☐ Checks breathing

Once student shouts for help, instructor says, "Here's the barrier device. I am going to phone 9-1-1 and get the AED."

Cycle 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

Adult Compressions

☐ Performs high-quality compressions*:
  - Hand placement on lower half of breastbone
  - 30 compressions in no less than 15 and no more than 18 seconds
  - Compresses at least 2 inches (5 cm)
  - Complete recoil after each compression

Adult Breaths

☐ Gives 2 breaths with a barrier device:
  - Each breath given over 1 second
  - Visible chest rise with each breath
  - Gives 2 breaths in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

☐ Gives 30 high-quality compressions ☐ Gives 2 effective breaths

Instructor says, "Here is the AED."

AED (follows prompts of AED)

☐ Powers on AED ☐ Correctly attaches pads ☐ Clears for analysis ☐ Clears to safely deliver a shock
  ☐ Presses button to deliver shock ☐ Student immediately resumes compressions

AED trainer says, "The shock has been delivered."

Cycle 3 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

☐ Gives 30 high-quality compressions ☐ Gives 2 effective breaths

STOP TEST

Instructor Notes

- Place a √ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Circle PASS or NR to indicate pass or needs remediation: |

<table>
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<tr>
<th>PASS</th>
<th>NR</th>
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Instructor Initials _______ Instructor Number __________ Date ________ _

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