



Prayers



Each of us is a created world

Split from chaotic waters

Mashed from arid earth

Drawn from the cool wind

Cast in the warmth of peoples, visions, dreams, beliefs, hope and love,

Shone by Light that yearns to meet us.



You are allowed to be afraid.

And you can still do what you are called to do



Breathe,

Easy,

Deeply,

It is what you have.



Samuel Shields, MDiv
Chaplain Resident