Prayers

Each of us is a created world
Split from chaotic waters
Mashed from arid earth
Drawn from the cool wind
Cast in the warmth of peoples, visions, dreams, beliefs, hope and love,
Shone by Light that yearns to meet us.

You are allowed to be afraid.
And you can still do what you are called to do

Breathe,
Easy,
Deeply,
It is what you have.

Samuel Shields, MDiv
Chaplain Resident